

Qmin
guaranteed quality cuisine

INNERgize



SPECIAL IMMUNITY BOOSTER MENU



#NourishAndRelish

Strengthen your immune system
with our special menu featuring fresh
& home grown ingredients packed with
antioxidants and immunity-boosting
superfoods, delivered to your doorstep.

JAI MAHAL PALACE

DELIVERY GUIDELINES



WITHIN 8KM
RADIUS



CONTACTLESS
DELIVERY



ONLINE PAYMENT
VIA UPI



SUSTAINABLE
PACKAGING



SAFETY &
HYGIENE ASSURED

TO PLACE YOUR ORDER, PLEASE CALL:

1800 266 7646

ORDER 03 DAY SUBSCRIPTION MEALS AT INR 4000
ORDER INDIVIDUAL MEALS AT INR 1500 PER MEAL
AVAILABLE FROM 12:00 PM TO 9:00 PM

Innergise Menu One — ③

INR 1500 PLUS TAXES (SERVES TWO)

- **Detox**
Cucumber & Celery
- **Palak Badam Ki Tikki**
Almond- Spinach Patties
- **Hara Mattar Tadka**
Green Peas, Cumin, Asafoetida
- **Tindey Tamatar Ki Subzi**
Round Melon, Tomato & Turmeric
- **Sattu Chilla**
Roasted Gram Flour Pancake
- **Dhaniye Jeere Ki Chutney**
Green Coriander, Lime & Mint
- **Gudh Or Kishmish Ke Laddoo**
Wheat Flour, Raisins, Jaggery, Clarified Butter



Innergise Menu Two — ③

INR 1500 PLUS TAXES (SERVES TWO)

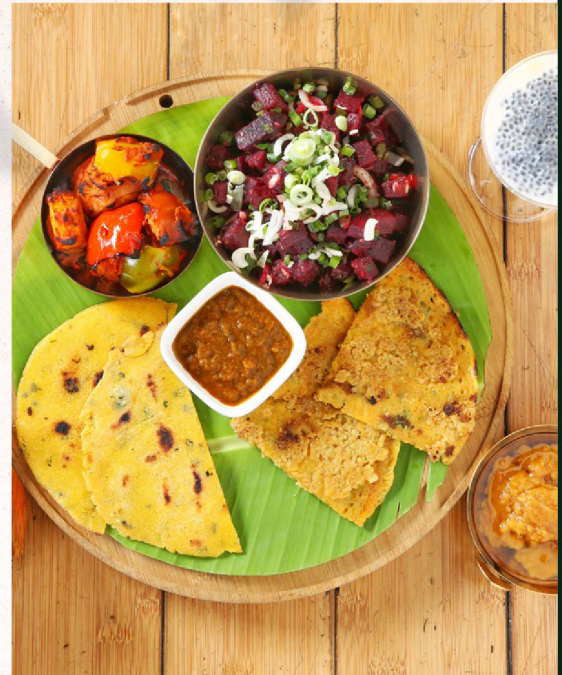
- **Kadha**
Basil, Apple, Ginger, Cinnamon, Honey
- **Tandoori Fruits Ki Chaat**
Custard Apple, Pineapple, Pear Yoghurt
- **Seetafal Methi Ki Subzi**
Red Pumpkin, Fenugreek, Jaggery & Red Chilli
- **Daliye Ka Chilla**
Broken Wheat, Fenugreek, Spices
- **Makai Ki Roti, Ghee Gudh**
Maize Flour, Melted Jaggery, Clarified Butter
- **Ananas Ki Chutney**
Pineapple, Kalonji, Honey
- **Gulkand Kheer**
Reduced Milk, Honey, Rose Petals



Innergise Menu Three — ③

INR 1500 PLUS TAXES (SERVES TWO)

- **Detox**
Giloye, Lime, Mint
- **Kale Moti Anar Ki Chaat**
Black Chickpeas, Pomegranate Raw Mango Powder
- **Kacchey Kele Ki Subji**
Raw Banana, Ginger, Chilies
- **Ajwain Ka Paratha**
Curd Rice Yoghurt, Mustard Seeds, Curry Leaves
- **Ragi Uttapam**
Finger Millet Pancake
- **Till Aur Nariyal Ke Ladoo**
Coconut, Sesame Seeds, Honey



Innergise Subscription Menu - ③

INR 4000 PLUS TAXES (SERVES TWO)

Day One

- **Detox**
Cucumber & Celery
- **Palak Badam Ki Tikki**
Almond- Spinach Patties
- **Hara Mattar Tadka**
Green Peas, Cumin, Asafoetida
- **Tindey Tamatar Ki Subzi**
Round Melon, Tomato & Turmeric
- **Sattu Chilla**
Roasted Gram Flour Pancake
- **Dhaniye Jeere Ki Chutney**
Green Coriander, Lime & Mint
- **Gudh Or Kishmish Ke Laddoo**
Wheat Flour, Raisins, Jaggery, Clarified Butter

Day Two

- **Kadha**
Basil, Apple, Ginger, Cinnamon, Honey
- **Tandoori Fruits Ki Chaat**
Custard Apple, Pineapple, Pear Yoghurt
- **Seetafal Methi Ki Subzi**
Red Pumpkin, Fenugreek, Jaggery & Red Chilli
- **Daliye Ka Chilla**
Broken Wheat, Fenugreek, Spices
- **Makai Ki Roti, Ghee Gudh**
Maize Flour, Melted Jaggery, Clarified Butter
- **Ananas Ki Chutney**
Pineapple, Kalonji, Honey
- **Gulkand Kheer**
Reduced Milk, Honey, Rose Petals

Day Three

- **Detox**
Giloye, Lime, Mint
- **Kale Moti Anar Ki Chaat**
Black Chickpeas, Pomegranate Raw
Mango Powder
- **Kacchey Kele Ki Subji**
Raw Banana, Ginger, Chilies
- **Ajwain Ka Paratha**
Curd Rice Yoghurt, Mustard Seeds,
Curry Leaves
- **Ragi Uttapam**
Finger Millet Pancake
- **Till Aur Nariyal Ke Ladoo**
Coconut, Sesame Seeds, Honey

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OR

DOWNLOAD THE QMIN APP



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A COMMITMENT RESTRENGTHENED



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SELEQIONS

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