

# **#NourishAndRelish**

Strengthen your immune system with our special menu featuring fresh & home grown ingredients packed with antioxidants and immunity-boosting superfoods, delivered to your doorstep.

# TAJ KRISHNA, HYDERABAD

## **DELIVERY GUIDELINES**

CONTACTLESS

DELIVERY



WITHIN CITY RADIUS



SUSTAINABLE PACKAGING



ONLINE PAYMENT VIA UPI



SAFETY & HYGIENE ASSURED

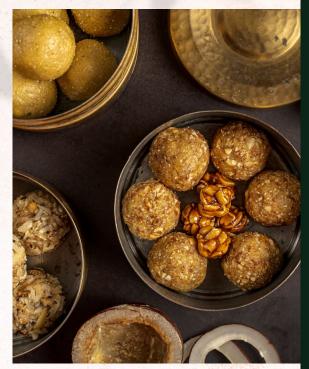
### TO PLACE YOUR ORDER, PLEASE CALL: 1800 266 7646

ORDER 03 DAY SUBSCRIPTION MEALS AT INR 4000 ORDER INDIVIDUAL MEALS AT INR 1500 PER MEAL

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#### MENU 1 : INR 1500 + TAXES

- MUSHROOM, GUAVA, FRESH GREENS & TURMERIC SALAD
- BANANA STEM VARUVAL A semi dry preparation of banana stem
- TURALMETHI Ridge gourd & fresh fenugreek leaves
- RAGI UTTAPAM
   Flat ragi pan cake
- TURMERIC AND RAW MANGO CHUTNEY
- BAJRA KA KHICHIDI
   Rajasthani millet & vegetable casserole
- DINK KI LADDU Edible gum laddoo





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#### MENU 2: INR 1500 + TAXES

- KOSHAMBARI SALAD Split moong lentil, grated carrot & coconut
- LAUKI KALONJI
   Bottle gourd homestyle
- BEETROOT PORIAL
   Tempered beetroot with grated coconut
- PAPITA KI SUBZI Raw papaya stew
- DATES AND TOMATO CHUTNEY
- BROKEN WHEAT CHILA
   Chickpea flour & broken wheat flat bread
- RAAGI LADDO Sweet dish made of ragi flour





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#### MENU 3: INR 1500 + TAXES

- BELL PEPPER, BROCCOLI & TOMATO SALAD
- MUNAGA VEPDU Stir fry drumstick , shallots & grated coconut
- AJAWANI LASSON PALAK
   Tempered braised spinach
- AMBADA MUSHROOMS
  Button mushroom tossed in sour roselle leaves
- SABUDANA KHICHIDI Sago pearls kedgeree
- MAKAI KA ROTI
   Corn flat bread
- CHIA PUDDING
   Sweet dish made of chia seed and reduced milk





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#### **SUBSCRIPTION MENU: INR 4000 + TAXES**

#### DAY 1

- MUSHROOM, GUAVA, FRESH GREENS & TURMERIC SALAD
- BANANA STEM VARUVAL A semi dry preparation of banana stem
- TURAI METHI Ridge gourd & fresh fenugreek leaves
- RAGI UTTAPAM Flat ragi pan cake
- TURMERIC AND RAW MANGO CHUTNEY
- BAJRA KA KHICHIDI
   Rajasthani millet & vegetable casserole
- DINK KI LADDU Edible gum laddoo





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#### **SUBSCRIPTION MENU: INR 4000 + TAXES**

#### DAY 2

- KOSHAMBARI SALAD
   Split moong lentil, grated carrot & coconut
- LAUKI KALONJI
   Bottle gourd homestyle
- BEETROOT PORIAL
   Tempered beetroot with grated coconut
- PAPITA KI SUBZI Raw papaya stew
- DATES AND TOMATO CHUTNEY
- BROKEN WHEAT CHILA Chickpea flour & broken wheat flat bread
- RAAGI LADDO Sweet dish made of ragi flour





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#### SUBSCRIPTION MENU: INR 4000 + TAXES

#### DAY 3

- BELL PEPPER, BROCCOLI & TOMATO SALAD
- MUNAGA VEPDU
  Stir fry drumstick , shallots & grated coconut
- AJAWANI LASSON PALAK
   Tempered braised spinach
- AMBADA MUSHROOMS
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   Corn flat bread
- CHIA PUDDING Sweet dish made of chia seed and reduced milk





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### DOWNLOAD THE QMIN APP





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