

Qmin

generated quality cuisine

VIVANTA RESIDENCY ROAD, BENGALURU

KARAVALLI | MYNT

menu



DELIVERY GUIDELINES



WITHIN 12KM
RADIUS



CONTACTLESS
DELIVERY



ONLINE PAYMENT
VIA UPI



SUSTAINABLE
PACKAGING



SAFETY &
HYGIENE ASSURED

TO PLACE YOUR ORDER, PLEASE CALL:

1800 266 7646

Timings: 12:00 PM to 3:00 PM and 7:00 PM to 11:00 PM
Minimum order value of ₹1000.


FSSAI GUIDELINES








*As per the guidelines issued by Food Safety & Standards Authority of India (FSSAI) an average active adult required 2000 Kcals of energy per day.
However, the actual calories needed may vary per person*




K A R A V A L L I

SEAFOOD


-  **Malabar Prawn Roast** 1995
 415.4 Kcal | 220 gms | Tossed in a Kerala spice mix full of the fresh flavours of tomato, ginger, green chillies, coconut slivers, lemon juice and traditional spices

-  **Kurumelagu Konju** 1700
 479.1 Kcal | 26 gms | Fresh Prawns made with home style preparation, pepper flavour.

-  **Prawn Ghee Roast** 1800
 489.7 Kcal | 260 gms | Medium Prawn, Kundapur Spice mix and clarified butter.

-  **Meen Porichathu** 1485
 678.5 Kcal | 180 gms | Fresh black Pomfret, marinated in Malabar masala, pan fried to perfection.

-  **Malvani Surmai Tawa Fry** 1485
 445 Kcal | 200 gms | King fish marinated in Malvani garam masala and shallow fried.

-  **Koondal Pattichathu** 1400
 537.9 Kcal | 280 gms | Pan-fried Squids Kerala chilli masala


-  **Calamary Fry** 1400
 458.8 Kcal | 200 gms | Xacuti masala dusted Squid, batter fried.


POULTRY

-  **Koli Barthad** 1250
 718.7 Kcal | 300 gms | Succulent pieces of chicken, pan- fried in a blend of roasted spices and the tart flavours of Coorg vinegar.



-  **Ghee Roast Chicken** 1300
 786.4 Kcal | 300 gms | Tender chickens, fried with a subtle Kundapur spice mix and


LAMB

-  **Attirachy Ularthu** 1450
 667.5 Kcal | 300 gms | Lamb cubes, cooked with onion, tomato and fresh spices, including ginger, green chillies and fennel powder, from travancore, Kerala.








Kindly inform us if you are allergic to any food ingredients
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 Vegetarian
  Non-Vegetarian
  Vegan
 ★ Signature Dishes

Starters

3







VEGETARIAN

-  **Kaaju Kotmir Vade** 1150
372.8 Kcal | 260 gms | Fresh Coriander and onion-infused -cashew fritters.

-  **Chattambade** 1150
388.7 Kcal | 280 gms | Deep fried patties of ground split Bengal gram, crushed aniseed, green chillies and curry leaves.
-  **Oggaraneda Aritha Pundi** 1150
688.3 Kcal | 350 gms | Steamed rice dumplings, flavored with coconut and cumin.





Main Course

3




SEAFOOD

-  **Karavalli Sea Crab Curry** 1700
687.8 Kcal | 650 gms | A Karavalli special- curried fresh Sea crabs, cooked in a spicy gravy.

-  **Allapuzha Meen Curry** 1375
564.8 Kcal | 470 gms | Cubes of Seer Fish, simmered in a moderately spiced gravy of freshly ground coconut, ginger and raw mangoes.

-  **Goan Fish Curry** 1375
395 Kcal | 470 gms | King Fish Darne cooked in ground coconut paste, cumin and spices.


POULTRY




-  **Kori Gassi** 1200
795.2 Kcal | 470 gms | Tender pieces of chicken, cooked with finely ground fresh coconut, byadgi chillies, coriander and tamarind.

-  **Kozhi Milagittathu** 1200
702.9 Kcal | 470 gms | Chicken, chillies, onion, Syrian Christians spice blend curry.

LAMB

-  **Mutton Eshtew** 1400
840.9 Kcal | 470 gms | Tender cubes of mutton, cooked in coconut milk and spices.
-  **Kundapur Mutton Curry** 1400
655.3 Kcal | 470 gms | Young mutton, cashew paste, tomato and coconut milk






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Main Course

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POULTRY - MEAL BY ITSELF

- ▲ **Moplah Chicken Biriyani** **1550**
859.5 Kcal | 850 gms | Chicken, dried coconut chutney Yogurat ralish and crisp lintal flakes

- ▲ **Moplah Chemeen Biriyani** **1750**
543.4 Kcal | 800 gms | Prawns Biriyani from the Malabar Muslim community, served with Chammandi- dry coconut chutney, a yogurt relish and appalam.


VEGETARIAN

- **Ulli Theeyal** **1100**
650.7 Kcal | 470 gms | Stewed button onions in a tangy gravy, with freshly roasted and ground spices.
- **Pachakkari Stew** **1100**
153.1 Kcal | 470 gms | Seasonal vegetables, gently simmered in creamy coconut milk.
- **Maavinakai Mensukkai** **1100**
541.3 Kcal | 470 gms | Chunks of brine –preserved mango cooked in a blend of chillies and coconut, from the Havyakas of the Mangalore region
- **Avial** **1100**
405.5 Kcal | 470 gms | A creamy yoghurt and coconut paste base, for seasonal vegetables flavoured with green chillies and cumin.

- **Enne Badnekai** **1100**
596.9 Kcal | 470 gms | Baby brinjals simmered in Peanut and Neiger seeds based aromatic masala.




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ACCOMPANIMENT

- Idiappam (3 pieces)**

195

133.5 Kcal | 200 gms | Steamed rice string hoppers.
- Neer Dosa (4 pieces)**

195

62.3 Kcal | 100 gms | Thin, delicate rice pancakes that melt in your mouth made with unfermented rice batter.
- Malabar Paratha**

195

441.6 Kcal | 120 gms | Flaky Refined flour Bread.
- Unpolished red rice**

250

126 Kcal | 320 gms
- Plain Steamed Rice**

250

109.2 Kcal | 320 gms

Desserts

3

- Dodol**

475

346.8 Kcal | 150 gms | Rice cake, cooked gently in coconut milk and jaggery, served warm, with vanilla ice cream. A Goan specialty.
- Ada Pradhaman**

475

468.1 Kcal | 220 gms | Rice flakes cooked in coconut milk and jaggery, delightfully thick and creamy.
- Kashi Halwa**

475

359.7 Kcal | 220 gms | Traditional Ash gourd pudding from Udupi.











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M Y N T

VEGETARIAN



-  **Hara Dhaniya Kalongi Barwan Aloo** 550
 1162 Kcal | 220 gms | Crispy Potato Shells, Cottage cheese, Green Peas

-  **Rajma Galouti** 550
 368.7 Kcal | 220 gms | Smoked Kidney beans mice, Ginger

-  **Vivanta Active Kebab** 550
 944.5 Kcal | 220 gms | Trio patties. Spinach, Mushroom, Curd

-  **Lajawab Paneer Tikka** 550
 830.6 Kcal | 230 gms | Charred Cottage cheese, Bell Pepper, onions, Tomatoes


POULTRY





-  **Chicken 65** 600
 377.6 Kcal | 220 gms | Spiced Chicken, Curry Leaves

-  **Murgh Malai Kebab** 650
 795.5 Kcal | 220 gms | Tandoor Chicken, Cream, Spices


LAMB


-  **Kakori Kebab** 770
 1097.1 Kcal | 220 gms | Lamb mince, Nutmeg, Cinnamon, Spices

-  **Lamb Seek Kebab** 700
 522.2 Kcal | 220 gms | Lamb mince, Corinader, Spices


POULTRY

-  **Saufiyani murgh** 650
 797.5 Kcal | 220 gms | Crisy Chicken, Bell peppers, Spring onion, Chillies

-  **Chilli Chicken** 600
 745.4 Kcal | 220 gms | Crisy Chicken, Bell peppers, Spring onion, Chillies






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VEGETARIAN

- **Chilli Paneer** 600
765 Kcal | 220 gms | Crispy Cottage Cheese, Bell peppers, Spring onion, Chillies

- **Gobi Manchurian** 550
413.2 Kcal | 220 gms | Crispy Cauliflower Florets, Ginger, Coriander


Main Course

3

FISH

- ▲ **Herb Crusted Fish** 775
602.5 Kcal | 520 gms | Herb Coated Baked Fish, Sauteed Vegetables, Potatoes, Mustard Sauce


CHICKEN

- ▲ **Grilled Breast of Chicken** 650
623 Kcal | 520 gms | Mediterranean Vegetables, Potatoes, Mushroom Jus


VEGETARIAN

- **Penne Arrabiata** 600
551.2 Kcal | 500 gms | Penne, Chilli flakes, Tomatoes

- **Mushroom Risotto** 600
557.7 Kcal | 550 gms | Arborio, Parmesan Cheese, Mushroom

- **Kajuri Kofta Curry** 525
724.2 Kcal | 480 gms | Cottage Cheese Dumpling, Tomato, Cashew Gravy

- **Dal Makhani** 525
756.9 Kcal | 480 gms | Black Dal, Kidney beans, Tomato, Butter, Cream

- **Stirfried Vegetables, Tofu** 600
255.5 Kcal | 520 gms | Seasonal Vegetables, Tofu, Light soya








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Main Course

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NON - VEGETARIAN

- ▲ **Murgh Tikka Lababdar** 650
853 Kcal | 520 gms | Chicken, Onion, Tomato, Garam Masala, Cream

- ▲ **Gosht Rogan Josh** 775
323 Kcal | 550 gms | Lamb, Onion, Kashmiri Chilli, Saffron, Spices

- ▲ **Gosht Dum Biryani** 725
1286.2 Kcal | 600 gms | Mutton, Spices, Rose Water, Curd

- ▲ **Kung Pao chicken** 600
745.4 Kcal | 520 gms | Crispy Chicken, Chilli, Cashewnut


VEGETARIAN

- **Green Peas Pulao** 350
232.6 Kcal | 420 gms | Long Grain Basmati, Green Peas, Brown Onion

- **Vegetables Hakka Noodles** 400
445.9 Kcal | 480 gms | Noodles, Juillene Vegetables, Soya

- **Chicken Fried Rice** 450
760.6 Kcal | 480 gms | Wok Tossed Rice, Chicken, Spring Onion


NON - VEGETARIAN

- ▲ **Kadai Murgh** 650
973.4 Kcal | 480 gms | Chicken, Onion, Spices

- ▲ **Murgh Tikka Makhani** 650
853.3 Kcal | 480 gms | Charred Chicken, Tomatoes, Cream, Butter


VEGETARIAN

- **Paneer Tikka Butter Masala** 600
721.1 Kcal | 500 gms | Charred cottage Cheese, Tomatoes, Cream, Butter

- **Dal Tadka** 500
845.2 Kcal | 480 gms | Tempered Yellow Dal, Coriander leaves, Clarified Butter

- **Subz Handi Biryani** 650
666.6 Kcal | 550 gms | Seasonal Vegetables, Long Grain Basmati Rice, Mint leaves




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Main Course

3

NON - VEGETARIAN

- ▲ **Awathi Mutton biryani** 725
1286.2 Kcal | 600 gms | Mutton, Long Grain Basmati Rice, Spcies, Rose Water, Curd






- ▲ **Gosht Dum biryani** 725
1286.2 Kcal | 600 gms | Mutton, Long Grain Basmati Rice, Spcies, Rose Water, Curd

- ▲ **Murgh dum biryani** 675
1114 Kcal | 600 gms | Chicken, Long Grain Basmati Rice, Spcies, Rose Water, Curd



VEGETARIAN

- **Paneer Parata Roll** 550
611 Kcal | 420 gms | Whole Wheat, Cottage Cheese, Green Peas
  

NON-VEGETARIAN

- ▲ **Chicken Anda Roll** 600
735.6 Kcal | 420 gms | Whole Wheat, Chicken, Eggs
  
- ▲ **Chciken Tikka Pizza** 725
753.6 Kcal | 400 gms | Charred Chicken, Bell Peppers, Tomatoes
 

VEGETARIAN

- **Farm Vegetable Pizza** 660
953.9 Kcal | 300 gms | Seasonal Vegetables, Morzekllela, Tomatoes
 
- **Multigrain Khichidi** 495
247 Kcal | 375 gms | Rice, Lentil, Broken Wheat
  



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BREAD AND CONDIEMENTS










-  **Curd Rice** 495
 692.3 Kcal | 375 gms | Tempered Rice, Curd, Curd Chikllies
 
-  **Nan** 175
 286.6 Kcal | 120 gms |
-  **Tandoori Roti** 175
 236 Kcal | 60 gms | Whole wheat, Salt

-  **Phulka** 175
 264.9 Kcal | 150 gms | Whole wheat, Salt

-  **Laccha Paratha** 225
 264.9 Kcal | 150 gms | Whole wheat, Salt
 
-  **Masala Kulcha** 225
 276.6 Kcal | 150 gms | Whole wheat, Coriander, Potatoes
 



Desserts

3

-  **Gulab Jamun** 385
 871.9 Kcal | 240 gms | Milk & flour dumplings, sugar syrup, cardamom
  
-  **Kesar Rasmali** 385
 1704.6 Kcal | 240 gms | Milk, Saffron Sugar Syrup, Pista
 
-  **Moong Dal Halwa** 385
 871.9 Kcal | 290 gms | Green Gram, Clarified Butter, Sugar
 



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